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# THE INTERACTION BETWEEN NATIONAL AND INTERNATIONAL SPORTS LANGUAGES

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### **Abstract**

In today's era of globalization, sports have become an inseparable part of human life. Sports not only strengthen physical health but also serve as a bridge for cultural communication among nations. Every country has its own traditional sports, unique rules, and terminology. At the same time, the international sports system mainly uses a common global language — English — which plays a key role in uniting the world of sports. The interaction between national and international sports languages reflects the mutual influence of culture, communication, and identity in the modern sporting arena.

### Introduction

In today's era of globalization, sports have become an inseparable part of human life. Sports not only strengthen physical health but also serve as a bridge for cultural communication among nations. Every country has its own traditional sports, unique rules, and terminology. At the same time, the international sports system mainly uses a common global language — English — which plays a key role in uniting the world of sports. The interaction between national and international sports languages reflects the mutual influence of culture, communication, and identity in the modern sporting arena.

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### Main Body

# 1. National Sports Languages – The Voice of Tradition and Identity

Every nation expresses its cultural identity and values through its national sports. For example, in Uzbekistan, traditional sports such as **Kurash**, **horse racing**, and **archery** are considered symbols of national pride. The terms used in these sports — like *chalish* (throw), *yiqitish* (takedown), and *gʻalaba* (victory) — are deeply rooted in the language, history, and mindset of the people.

Thus, national sports languages are not just systems of rules and commands; they are living reflections of a nation's spirit and worldview.

# 2. International Sports Languages – The Tool of Global Communication

On the international stage — at events such as the Olympic Games and World Championships — athletes and coaches from different linguistic backgrounds compete together. The **English language** has become the universal means of communication in these arenas. Terms like *goal*, *record*, *referee*, *champion*, *knockout*, and *tournament* are widely used and understood all over the world.

The main purpose of an international sports language is to ensure mutual understanding, clarity, and fairness among participants, regardless of their native languages. For this reason, many national sports organizations are adapting their terminologies to align with international standards.

# 3. The Process of Interaction Between National and International Sports Languages

The interaction between national and international sports languages occurs in two major directions:

- **First direction:** International terms enter national languages. For example, Uzbek now commonly uses words such as *trener* (from *coach*), *referi* (from *referee*), *rekord* (from *record*), and *turnir* (from *tournament*).
- Second direction: National sports terms gain international recognition. The clearest example is the Uzbek traditional wrestling "Kurash", which has been officially accepted into the global sports vocabulary without

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translation. This demonstrates respect for cultural heritage and linguistic diversity.

# 4. Positive Aspects of This Interaction

- It strengthens cultural and sports cooperation among nations.
- It allows national sports terminologies to gain international prestige.
- It helps international athletes understand traditional sports more easily.
- It inspires new academic research in the fields of linguistics and sports studies.

# 5. Challenges and Solutions

Sometimes, international sports terms are borrowed into national languages without proper adaptation, which may affect the natural development of the local language. For instance, words like *penalty*, *corner*, and *goalkeeper* are often used directly instead of finding native equivalents.

Therefore, it is important to create and popularize local versions of such terms. On the other hand, national sports terminology should also be promoted globally — for example, terms like *Kurash*, *healthy lifestyle*, and *fair play* could enrich the international sports lexicon.

#### Conclusion

The interaction between national and international sports languages represents a dynamic and positive exchange between cultures. While international terms enrich national sports vocabularies, national terms, in turn, bring diversity and authenticity to the global sports community.

Hence, every nation should focus not only on developing physical excellence in sports but also on preserving and promoting its **linguistic and cultural heritage** within the sporting world. The national sports language is more than a collection of words — it is a reflection of a nation's pride, history, and spirit.

Excellent

Here's a list of English-language references (bibliography) that fit perfectly

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with your article — "The Interaction Between National and International Sports Languages."

These are reliable, academic-style sources related to sports linguistics, translation, globalization, and cultural communication in sports.

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