



**WORLD BULLETIN
PUBLISHING**

Online Publishing Hub

World Bulletin of Education and Learning (WBEL)

ISSN (E): 3072-175X

Volume 01, Issue 03, December 2025



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<https://worldbulletin.org/index.php/1>

ACMEOLOGY CONCEPT, CONTENT AND THEORETICAL RESEARCH OF THE ACMEOLOGY APPROACH

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Abstract:

The article examines the transformation of the contemporary education system of Uzbekistan in the context of accelerated social, economic, and cultural changes, emphasizing the need for individualized and personality-oriented approaches in teacher education. It substantiates the relevance of modern pedagogical models that focus on the development of students' personal, subjective, and professional qualities, enabling future specialists to adapt to dynamic labor market demands and lifelong learning requirements. Particular attention is given to the acmeological approach as a theoretical and methodological foundation for enhancing the professional competence of future teachers. Acmeology is analyzed as an interdisciplinary scientific field that studies the laws and mechanisms of achieving professional and personal maturity ("acme"), drawing on psychological, pedagogical, philosophical, and sociological perspectives. The article highlights the contributions of prominent scholars to the development of acmeological theory and practice and justifies the role of acmeological competence in ensuring professional effectiveness, self-development, and creativity in pedagogical activity. The structure and key components of future teachers' acmeological competence are identified, including professional-special, methodological, communicative-psychological, and reflexive abilities. It is argued that the systematic integration of the acmeological approach into teacher education contributes to the formation of independent, responsible, value-oriented, and competitive professionals capable of responding to the challenges of modern society and education.



Keywords: Acmeology, acmeological approach, teacher education, professional competence, individualization of education, personal development, lifelong learning, pedagogical professionalism.

Introduction

In our country developed education - upbringing new approach to form , * to personify his/her separately abilities , skills and with their interests in line mature to deliver to assist in mind Education in the system to individualize achieve for different in groups students personal and professional related to development problems solution do able to education process modern models working exit necessity This is available . one student's individual , personal and subjective to oneself new education that suits your personality approaches working exit requirement to be able possible . That's it . approaches based on future of experts personal and professional qualification increase complex systems working exit of the economy different networks and social in the fields professional skill increase the problem solution in the making important from steps one is considered.

Current at the time Uzbekistan education system noticeable characterized by changes it stands , this as a result , the first next , innovative processes is being activated . Today on the day education to the system external factors noticeable at the level impact shows . Completely new requirements were put forward , their

- our society development pace acceleration students intensity developing with and the first under the circumstances to life to prepare requirement enough ;

- international intercultural of connections noticeable at the level expansion with students to communicate to enter abilities and generosity separately importance has is considered ;

- global problems appearance to be and to increase them solution in the process of young from the staff modern to think has person become to wish demand does ;

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- society democratization , political and social choice opportunities expansion citizens such to the competition readiness formation faced with the necessity comes ;

- economic in the system intense development and employment regarding changes of employees professional qualification increase and them again to prepare permanent need appearance does , students whole life during knowledge to take was desire and ability to form requirement it is delicious [163; 37 b].

Our In our opinion , these requirements satisfy for education in the system pedagogical process continuous to be necessary . Of these all of them done increasing to changes flexible , responsible own on behalf of to take capable , own development , constant to study ready was independent , active future expert done increase possible . So first in turn , students future teacher for necessary was professional qualification to develop separately requirements is placed .

Acmeology human of maturity different in stages human development phenomena , laws and mechanisms learner scientific field recognized as , in which usually to maturity to achieve declarative advanced to stages separately attention is given . Science main from the concepts one The concept of " *acme* " is considered Greek *acme* (*fullness , height , perfection , elevation , maturity , logos - doctrine , science*) meaning big old human development science about content stated . Acmeology term , ergology , ergonology , reflexology such as industries like scientific and practical to knowledge has was and is past appeared in the 1920s was . In acmeology man professional activity and self his life himself/herself to define oneself development and creativity ability , human life in the activity subject as looking at will be released [89; 88-90-b]. The term “ Acmeology ” datslab 1928 russian psychologist N. A. Rybnikov by scientific into circulation included . Human from ontogenesis next in stages developed going , maturity until the stage developing , individual personal and subjective in progress rising going the sound of the sound scientific this school manifestations often culmination or as an optimum emphasized . Acmeology main development stages historical philosophical to the times go Acmeological worldview ancient Greece thinkers and Zoroastrianism of the doctrine book

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" Avesta ", Islam religion holy book Quran Karim, Indian and posi " Kalila and Dimna ", in the works ¹of Kaykovus " Qabusnama " expressed . In this era *a km e s o' zi* instead of " *perfect* " and " *great* " bil a n if o d a l a n g a n . *From researchers following psychologists , educators and philosophers IABespalov , GPVerbitskaya , Ye.E. Ishina , SEZakovryashina , YPKostenko , NVKurbet , NVKozlova , YALikhasheva , OVMikhaylov , KVPetrov , VNSofina , VASemikov , INStepanova , OVFaller , BBBarsis [271] psychological point from the point of view acmeformin study and analysis to do , creative professional skill and professionalism develop optimal technologies for of creation role , different profession professionals engaged in the activities work process, methods on complex inspections transfer to new achievements based on of achievement institutional shape create [271] according to research take went .

Acmeology humanitarian sciences new area in the system as appearance to be human knowledge in the field huge information base and education in the field scientific achievements lack between from inconsistency come came out said so much Psychology , sociology , pedagogy and others sciences such as different of sciences intersected in place acmeology people oneself himself / herself improvement many opportunities to study focused . From scientists B. T. Ananev works humanitarian sciences in the field wide comprehensive topics own inside takes , today's until today own importance and to oneself uniqueness save the rest . His works human of life biological in terms of pulling , in life social mediation to considerations , including development social context and value to the directions was wide extensive topics own inside takes [226].

Current at the time *acmeological approach* concept very wide Acmeology is the development of psychology department is , it is individual development the most high to reach *the acme stage* opportunity providing laws and mechanisms learns [21; 123-126 b].

Also , BG Ananev humanity of science modern network was experimental acmeology field distinguished by its creation stands [15; 272 p]. Ye.S. Kuzmin

¹ [https://tb.urdu.uz/kafedra/attash/fandocs/31614_Akmeo%20majmua%20\(2\).pdf](https://tb.urdu.uz/kafedra/attash/fandocs/31614_Akmeo%20majmua%20(2).pdf)



his/her own many in his works , social related to psychology problems analysis He is a social psychology subject direction in marking solution doer place occupied , people between communication processes importance emphasizes , and also , that it is empirical research through it social psychology subject the essence based on given by [103]. A. A. Bod a lev o' z a s a rl a rid a , sh a xs " a kme" g a aspiration social of the environment role org a n a di . He is " a kme " phenomenon , individuality , himself development and personal activity the relationship between the two check it out [24]. A. S. Guseva and V. G. Zazikin psychological and acmeological samples between similarities and differences determination for comparative analysis This analysis acmeology practical in the fields samples determination according to next research for basis become service did [258]. From this except , AA Derkash and N. V. Sotnikova by take visited in research to oneself typical forms and effects Acmeological with circles samples presented enough works appearance A. K. Markova to the mind according to , * tendencies , motives , goals , meanings ratio human known one professional direction – profession possession , special education to get , then to success achieve , known one social position creates [50; p. 308].

Our In our opinion , this is the future. teacher's acmeological to competence to achieve aspiration providing to the profession A. A. Derkash's in my opinion , only chosen activity engaged in in person real professionalism to the body does not come . Top professionalism although known one activity under the circumstances developed human special abilities , as well as relevant without knowledge and skills if it does not develop yes , it is possible not eating , but to this achieve for the most important condition is that person general abilities strong development and general changes is to create . Human values person's moral upbringing means .

Our in our opinion , future teacher 's acmeological competence theoretical and practical preparation unit and future teacher 's professional activity professional in a way done increase ability as is determined . This concept professional problems solution to do in the process expert of activity efficiency providing professional of skills combination through is determined

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. Above to those who have been told based on , acmeological competence following elements our distinction possible :

- read it fan What is the name of the place ? special and professional competence ;
- of the students knowledge and skills shaping methods What is the name of the place ? methodological competence ;
- communication in the field psychological ability ;
- introspection in the field autopsy ability .

Future teacher's professionalism taken knowledge independent accordingly generalization and systematization to the ability based pedagogical , psychological research competence combines. Pedagogical activity synthesizes the entire complex of pedagogical and special knowledge, the interrelation of the task and the means of its solution. The specificity of the future teacher's activity, its versatility require a lot of hard work from the student in mastering professional knowledge and skills, for this process to be successful, a stable impetus must be given to the profession. The axiological mechanism of activity is of particular importance, and the problem of values as its regulator, the methodological content of axiological relations as subject-object relations, has long retained.

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